"MENTAL HEALTH AND WELL-BEING IN OLDER PEOPLE – MAKING IT HAPPEN"

Thematic Conference under the European Pact for Mental Health and Well-being

Thematic Conference Mental Health and Well-being in Older People organised by the European Commission and Spanish Ministry of Health and Social Affairs under the auspices of the Spanish Presidency of the Council of the European Union

28th - 29th June 2010
Hotel Meliá Castilla, MADRID

Programme

28 June 2010	
12:00	**REGISTRATION**
12:30	**WELCOME REFRESHMENTS**
Plenary session 1 *(13:00 – 13:30)*	**OPENING SESSION** **José MARTÍNEZ OLMOS** *Secretary General for Health. Ministry for Health and Social Policy, Spain* **Antonyia PARVANOVA** *Member of the European Parliament* **Anne- Sophie PARENT** *Director of AGE - European older people's platform* **Michael HÜBEL** *Head of Unit "Health determinants", Directorate General for Health and Consumers, European Commission*
Plenary session 2 *(13:30 – 14:45)*	**"Promoting mental health and providing good care to older people"** **CHAIRS**: **Manuel GÓMEZ-BENEYTO** *Scientific Coordinator of the Spanish Strategy for Mental Health* **José María SÁNCHEZ MONGE** *President of FEAFES, Spain.* **SPEAKERS:** • **Michael HÜBEL** *Head of Unit "Health determinants", Directorate General for Health and Consumers, European Commission* Key Messages and actions for mental health and well-being among older people in the EU • **Antonio LOBO** *University of Zaragoza, Spain* The status of Mental Health of Older People in Europe • **Eija STENGÅRD** *THL, Finland* Key principles for Mental Health Promotion and Mental Disorder Prevention in Older People: ProMenPol and DataPrev projects

	• **Lennart LEVI** *Member of Swedish Parliament* A Radiant Sunset - Promoting Wellbeing in Old Age: Why and How?
Plenary session 3 *(14:45 - 15:45)*	**"Policies on mental health and older people"** **CHAIRS:** **Geoff HUGGINS** *Head of the Mental Health Division of the Scottish Executive Health Department, UK* **Vappu TAIPALE** *National Institute for Health and Welfare (THL), Finland* **SPEAKERS:** • **Fiona BORROWMAN** *Programme Manager, Mental Health and Well being in Later Life and Dementia, NHS Health Scotland* Incorporating older people's perspective in policy in Scotland • **José Luis LÓPEZ HERNÁNDEZ** *Director General of Planning and Evaluation, Regional Ministry of Health and Welfare of Castilla-La Mancha, Spain* Design and implementation of Public Mental Health policies • **Purificación CAUSAPIÉ LOPESINO** *General Director. Institute of Older Persons and Social Services (IMSERSO). Ministry of Health and Social Policy. Spain* Reporting back from the conference on Active Ageing (April 2010, Logroño) / Presentation of Council Conclusions on Active Ageing adopted in June 2010
Parallel sessions: *(15:50 – 17:20)*	**SESSION 1: Mental health promotion in old age: healthy ageing and wellbeing** **CHAIRS:** **José Manuel RIBERA CASADO** *European Union Geriatric Medicine Society (EUGMS)* **Teresa DI FIANDRA** *Governmental expert of Italy* **PRESENTATION:** **Mima CATTAN** *Northumbria University, UK* Mental health promotion in older people

	RESPONSES: • **Caroline COSTONGS** *Deputy Director, EuroHealthNet* Lessons from a European collaboration on healthy ageing • **Richard WYNNE** *Director, Work Research Centre, Ireland* Mental Health and the extension of working life **DISCUSSION** **SESSION RAPPORTEUR**: **Gary WILSON,** *UK*
Parallel sessions: *(15:50 – 17:20)*	**SESSION 2: Older people in vulnerable situations** **CHAIRS:** **Gerhard NAEGELE** *University of Dortmund, Institute of Gerontology, Germany* **Raluca NICA** *Director of the Romanian League for Mental Health* **PRESENTATION:** **Geertruida KOEK** *Verwey-Jonker Institute, Netherlands* How to protect the mental health of older people in vulnerable situations **RESPONSES:** • **Alisoun J MILNE** *Senior Lecturer in Social Gerontology, Tizard Centre, UK* Older women at risk • **Christof EICHERT** *Ministry for Intergenerational Affairs, Family , Women and Integration, North Rhine-Westphalia, Germany* Responding to the psychological needs of older migrants – Lessons learned from the Active Ageing of Migrant Elders across Europe (AAMEE) Project in North Rhine-Westphalia (DE) • **Francisco TORRES-GONZÁLEZ (by video message)** *University of Granada, Spain* Human rights, the prevention of elder abuse and mental health in old age **DISCUSSION** **SESSION RAPPORTEUR**: **Charles PULL,** *Luxembourg*

Parallel sessions: *(15:50 – 17:20)*	**SESSION 3: Prevention of mental disorders** **CHAIRS:** **Roland VAN DE SANDE** *General Secretary of the European Association for Psychiatric Nurses – HORATIO* **Ivan DOCI** *Governmental expert of the Slovak Republic* **PRESENTATION:** **Diana DE RONCHI** *University of Bologna, Director of the University of Bologna School of Psychiatry* Prevention of mental disorders and support to those mentally ill **RESPONSES:** • **Constantinos PROUSKAS** *NGO 50plus Hellas, Greece* Addressing risk factors for mental disorders and preserving autonomy • **Mikkel VASS** *University of Copenhagen, Denmark* Early detection and prevention of mental health problems: A policy of obligatory home visits in Denmark • **Petronella. J. (Nelleke) VAN 'T VEER-TAZELAAR** *VU University Amsterdam, The Netherlands* Stepped-care prevention of anxiety and depression in later life **DISCUSSION** **SESSION RAPPORTEUR**: **Ray XERRI,** *Malta*
COFFEE BREAK *(17:20-17:45)*	
Plenary session 4: *(17:45 – 18:45)*	**FEEDBACK FROM THE PARALLEL SESSIONS** **CHAIRS** **Dolores GAUCI** *President of GAMIAN Europe* **Kevin MCCARTHY** *"Public Health" Sector, DG Research, European Commission*

	SPEAKERS: SESSION RAPPORTEURS • **PS1 – Mental Health Promotion: Gary WILSON,** *UK* • **PS2 – Vulnerable situations: Charles PULL,** *Luxembourg* • **PS3 – Prevention of Mental Disorders: Ray XERRI,** *Malta* **DISCUSSION**
19:30 –	**Visit to the 'Real Academia de Bellas Artes de San Fernando' and refreshments**

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Parallel sessions: *(9:00 – 10:30)*	**SESSION 4: Care and treatment systems** **CHAIRS:** **Jannes STIJN** *Mental Health Europe (MHE)* **Johan Ten GEUZENDAM** *Head of Unit "Integration of People with Disabilities" , DG Employment, Social Affairs and Equal Opportunities, European Commission* **PRESENTATION:** • **Raimundo MATEOS** *President of the Spanish Psychogeriatric Association, Spain* Principles of psychogeriatric care and community services. The perspective of Spain and Mediterranean countries. **RESPONSES:** • **Andrzej KIEJNA,** *President of the Polish Association of Geriatric Psychiatry* The perspective of Eastern European countries on the care of the elderly with mental disorders • **Andreas WINKLER** *Medical Director of Rehabilitation Centre Pirawarth, Austria* Mental health in long term care • **Gabriel IVBIJARO** *World Organization of Family Doctors (Wonca). Working Party on Mental Health* A partnership model addressing loneliness and developing social activities among older people. **DISCUSSION** **SESSION RAPPORTEUR**: **Marco TRABUCCHI,** *Italy*
Parallel sessions: *(9:00 – 10:30)*	**SESSION 5: Informal carers** **CHAIRS:** **Jean GEORGES** *Executive Director of ALZHEIMER EUROPE* **Mojca ZVEZDANA DERNOVSEK** *WHO National Representative of Slovenia*

	PRESENTATION • **Robert ANDERSON** *President of Eurocarers* Supporting and promoting mental health of informal carers **RESPONSES** • **Ursula BRAND** *EUFAMI* The role of families in providing care • **Matthias von SCHWANENFLÜGEL** *German Federal Ministry of Health* Reward and social security for informal carers: the example of the German care legislation • **Jesús Norberto FERNÁNDEZ MUÑOZ** *Institute of Older Persons and Social Services (IMSERSO), Ministry of Health and Social Policy, Spain* The Spanish dependency law and its links to mental health **DISCUSSION** **SESSION RAPPORTEUR**: **Maria J. SAN PÍO**, *Spain*
COFFEE BREAK *(10:30 – 11:00)*	
Plenary session 5: *(11:00 – 11:45)*	**FEEDBACK FROM THE PARALLEL SESSIONS** **CHAIR:** **Tamas KURIMAY** *Member State Representative, Hungary* **SPEAKERS**: • **Francisco TORRES-GONZÁLEZ** *University of Granada, Spain* Reporting back from the conference "Quality of Life and Maltreatment of Elderly in Europe". (28 June 2010, Madrid) SESSION RAPPORTEURS • **PS4 – Care and Treatment systems: Marco TRABUCCHI,** *Italy* • **PS5 – Informal carers: Maria J. SAN PÍO,** *Spain* **DISCUSSION**

Plenary session 6: *(11:45 – 13:15)*	**ROUND TABLE: "Conclusions from the conference and actions to be taken"** **CHAIRS:** **Michael HÜBEL** *Head of Unit "Health determinants", Directorate General for Health and Consumers, European Commission* **Concepción COLOMER REVUELTA** *Director, Office for Health Planning and Quality, Ministry of Health and Social Affairs, Spain* **DISCUSSANTS:** • **Nessa CHILDERS** *Member of the European Parliament* • **Jacques VAN DER VLIET** *Chairman of CPME (Standing Committee of European Doctors) Mental Health Working Group* • **Rocío FERNÁNDEZ-BALLESTEROS** *EFPA, European Federation of Psychologists' Associations* • **Aurelio FERNÁNDEZ LOPEZ** *Chairman of the Social Protection Committee* • **John HALLORAN** *President of European Social Network* • **Robert ANDERSON,** *Director, European Foundation for the Improvement of Living and Working Conditions* • **Elizabeth MESTHENEOS** *President, AGE Platform Europe* **CLOSING DISCUSSION**
Plenary session 7: *(13:15 – 13:45)*	**CLOSING SESSION** **SPEAKERS:** • **Michael HÜBEL** *Head of Unit "Health Determinants", Directorate General for Health and Consumers, European Commission* • **Pablo RIVERO CORTE** *General Director. Quality Agency for the National Health System. Ministry of Health and Social Affairs, Spain*

13:45	**Lunch**